

Bib	First name	Last name	Sex	Club/Company	Type	Lane	Brief	Start Time	Cap
303	Gaz	adedeji	M		Solo	3	09:45:00	10:01:00	Green
65	Andy	Ainsworth	M		Solo	5	07:45:00	08:02:00	Blue
20	Likhith	Alakandy	M		Solo	2	07:15:00	07:39:30	Yellow
118	Lesley	Allger	F	Muthaduckas	Solo	4	08:00:00	08:28:30	Pink
4	Glyn	Arthur	M		Solo	4	07:15:00	07:31:30	Orange
335	Toni	Ashton	F		Solo	5	10:00:00	10:17:00	Pink
22	Emma	Atherton	F	Time2Run	Solo	4	07:15:00	07:40:30	Yellow
426	Cathy	Atkinson	F	Manchester Triathlon Club	Solo	6	10:45:00	11:02:30	Blue
38	Laura	Atkinson	F		Solo	2	07:30:00	07:48:30	Orange
291	Wayne	Averre	M		Solo	3	09:30:00	09:55:00	Orange
227	Mark	Bades	M		Solo	5	09:00:00	09:23:00	Pink
249	Stephen	Bailey	M		Solo	3	09:15:00	09:34:00	Red
168	David	Bailey-Vella	M		Solo	6	08:30:00	08:53:30	Yellow
113	A	Ball	M		Solo	5	08:00:00	08:26:00	Orange
228	Rob	Bancroft	M		Solo	6	09:00:00	09:23:30	Pink
403	Samuel	Bancroft	M		Solo	1	10:30:00	10:51:00	Pink
66	Nick	Barker	M	Tri-Lakeland	Solo	6	07:45:00	08:02:30	Blue
121	Naomi	Barnes	F	Crossfit Clitheroe	Solo	1	08:15:00	08:30:00	Green
132	Richard	Barnes	M	Crossfit Clitheroe	Solo	6	08:15:00	08:35:30	Yellow
275	Craig	Barrett	M		Solo	5	09:30:00	09:47:00	Yellow
46	Clare	Batson	F	Ribby Hall Tri Club	Solo	4	07:30:00	07:52:30	Pink
169	Mandy	Beard	F	Invictus Triathlon Club	Solo	1	08:30:00	08:54:00	Blue
341	Rachel	Belvedere	F		Solo	5	10:00:00	10:20:00	Green
210	Julie	Bennett	F		Solo	6	08:45:00	09:14:30	Blue
23	Danny	Bentley	M		Solo	5	07:15:00	07:41:00	Yellow
182	Kathryn	Berry	F	Berry good	Relay	2	08:45:00	09:00:30	Orange
359	Chris	Blackburn	M		Solo	5	10:00:00	10:29:00	Red
425	Lee	Blackburn	M		Solo	5	10:45:00	11:02:00	Blue
352	Emily	Blackwell	F		Solo	4	10:00:00	10:25:30	Blue
334	Gareth	Bolleurs	M		Solo	4	10:00:00	10:16:30	Pink
346	Steve	Bone	M	Tri-Lakeland	Solo	4	10:00:00	10:22:30	Yellow
199	Amy	Booth	F		Solo	1	08:45:00	09:09:00	Yellow
276	Daniel	Booth	M		Solo	6	09:30:00	09:47:30	Yellow
84	Lorna	Bowes	F	Johnsons Triathlon Club	Solo	6	07:45:00	08:11:30	Pink
365	Paul	Bowie	M	Team JMC UK	Solo	5	10:15:00	10:32:00	Orange
350	William	Bracewell	M		Solo	2	10:00:00	10:24:30	Blue
339	Carlton	Bradley	M	Tri-Rivington	Solo	3	10:00:00	10:19:00	Green
356	Gary	Bradley	M	Bolton Tri Club	Solo	2	10:00:00	10:27:30	Red
215	Charmayne	Brierley	F	Glossop Triathlon Club	Solo	5	09:00:00	09:17:00	Red
388	Harry	Brierley	M	Lincoln & District Runners	Solo	4	10:15:00	10:43:30	Blue
10	Mark	Brown	M		Solo	4	07:15:00	07:34:30	Pink
293	Peter	Brown	M	Ribble Valley Triathlon Club	Solo	5	09:30:00	09:56:00	Orange
377	Chris	Brownlow	M		Solo	5	10:15:00	10:38:00	Green
56	Christopher	Brumby	M	Sandbach Striders	Solo	2	07:30:00	07:57:30	Yellow
138	Anna	Burbidge	F		Solo	6	08:15:00	08:38:30	Blue
283	Danny	Burns	M	Ulverston Tri Club	Solo	1	09:30:00	09:51:00	Red
211	Paul	Burns	M		Solo	1	09:00:00	09:15:00	Red
217	Mark	Burrows	M	Pendle Triathlon Club	Solo	1	09:00:00	09:18:00	Orange
178	Ian	Bushrod	M	Tri-Rivington	Solo	4	08:30:00	08:58:30	Red
147	Colin	Calderbank	M		Solo	3	08:15:00	08:43:00	Orange
278	Dave	Callan	M	Totty High Triathlon Club	Solo	2	09:30:00	09:48:30	Blue
26	Alicia	Calow	F	Ribby Hall Tri Club	Solo	2	07:15:00	07:42:30	Blue
209	Emma	Campbell	F	North Endurance	Solo	5	08:45:00	09:14:00	Blue

73	Damian	Capper	M		Solo	1	07:45:00	08:06:00	Orange
414	Robert	Cassidy	M		Solo	6	10:30:00	10:56:30	Green
134	George	Chapman	M	Clayton-le-Moors Harriers	Solo	2	08:15:00	08:36:30	Blue
317	Geoff	Chiu	M	Rossendale Triathlon Club	Solo	5	09:45:00	10:08:00	Blue
101	Mick	Cleece	M	Red Rose Road Runners	Solo	5	08:00:00	08:20:00	Blue
264	Jonathan	Clemson	M	Chorley Cycling Club	Solo	6	09:15:00	09:41:30	Pink
139	Michael	Coe	M		Solo	1	08:15:00	08:39:00	Red
269	Chris	Connor	M		Solo	5	09:15:00	09:44:00	Green
33	Like	Cookson	M		Solo	3	07:30:00	07:46:00	Red
92	Richard	Cooper	M		Solo	2	08:00:00	08:15:30	Yellow
156	Julian	Corfe	M		Solo	6	08:30:00	08:47:30	Pink
124	Phillip	Coulter	M		Solo	4	08:15:00	08:31:30	Green
34	Stephen	Cowperthwaite	M		Solo	4	07:30:00	07:46:30	Red
30	Greg	Cox	M	Team WYNR 2022	Solo	6	07:15:00	07:44:30	Blue
362	Stephen	Cox	M	Limitless Triathlon Coaching	Solo	2	10:15:00	10:30:30	Orange
49	Emily	Crosland	F	North Endurance	Solo	1	07:30:00	07:54:00	Green
298	Madison	Curzon	F		Solo	4	09:30:00	09:58:30	Pink
343	Marc	Daigneault	M	EDNX	Solo	1	10:00:00	10:21:00	Yellow
131	Meg	Daintith	F	St Helens Tri	Solo	5	08:15:00	08:35:00	Yellow
67	james	dally	M		Solo	1	07:45:00	08:03:00	Red
3	David	Danbury	M		Solo	3	07:15:00	07:31:00	Orange
48	Paul	Dandy	M	BL6 Boys	Solo	6	07:30:00	07:53:30	Pink
383	Ben	Davies	M	Craven Energy	Solo	5	10:15:00	10:41:00	Yellow
381	David	Davies	M	TriCentral UK	Solo	3	10:15:00	10:40:00	Yellow
382	Claire	Deane	F	Manchester Triathlon Club	Solo	4	10:15:00	10:40:30	Yellow
236	David	Deane	M	Manchester Triathlon Club	Solo	2	09:00:00	09:27:30	Yellow
274	lee	depledge	M		Solo	4	09:30:00	09:46:30	Yellow
160	Simone	Derweduwen	F	Ribby Hall Tri Club	Solo	4	08:30:00	08:49:30	Green
398	Richard	Dewhurst	M		Solo	2	10:30:00	10:48:30	Orange
123	Jaynie	Dickinson	F	North Bolton Runners	Solo	3	08:15:00	08:31:00	Green
254	michelle	dinsdale	F		Solo	2	09:15:00	09:36:30	Orange
6	Nicholas	Dinsdale	M	Ribble Valley Triathlon Club	Solo	6	07:15:00	07:32:30	Orange
248	Alex	Docherty	M	North Bolton Tri	Solo	2	09:15:00	09:33:30	Red
99	jim	doherty	M	Preston Harriers	Solo	3	08:00:00	08:19:00	Blue
375	Lee	Dooling	M	Darwen Dashers Running Club	Solo	3	10:15:00	10:37:00	Green
307	Caroline	Duncan	F	Ribble Valley Triathlon Club	Solo	1	09:45:00	10:03:00	Yellow
216	Sharon	Duthie	F		Solo	6	09:00:00	09:17:30	Red
174	Kim	Eastham	F	Macclesfield Harriers	Solo	6	08:30:00	08:56:30	Blue
261	Mick	Edge	M	Rossall tri	Solo	3	09:15:00	09:40:00	Pink
190	Robbie	Edwards	M	Endurance store	Solo	4	08:45:00	09:04:30	Pink
180	Stephen	Eldridge	M		Solo	6	08:30:00	08:59:30	Red
252	Ian	Facer	M		Solo	6	09:15:00	09:35:30	Red
296	Michael	Fairhurst	M	GMFRS	Solo	2	09:30:00	09:57:30	Pink
15	Anthony	Fallon	M		Solo	3	07:15:00	07:37:00	Green
222	Kathryn	Fallon	F	Ribble Valley Triathlon Club	Solo	6	09:00:00	09:20:30	Orange
181	Carl	Farrow	M	Macclesfield Wheelers CC	Solo	1	08:45:00	09:00:00	Orange
218	Laura	Ferguson	F	Mersey Tri Club	Solo	2	09:00:00	09:18:30	Orange
161	Adam	Fielder	M	Ribby Hall Tri Club	Solo	5	08:30:00	08:50:00	Green
152	Paul	Finnigen	M		Solo	2	08:30:00	08:45:30	Pink
387	Graeme	Flitcroft	M	Gadz Ladz	Solo	3	10:15:00	10:43:00	Blue
273	Ian	Flynn	M		Solo	3	09:30:00	09:46:00	Yellow
363	Richard	Fogarty	M	FITT	Solo	3	10:15:00	10:31:00	Orange
373	Mike	Foran	M	Rossendale Triathlon Club	Solo	1	10:15:00	10:36:00	Green
313	Emily	Formby	F	Team Evolving	Solo	1	09:45:00	10:06:00	Blue

194	James	Forshaw	M		Solo	2	08:45:00	09:06:30	Green
231	Shirley	Fox	F	St Helens Tri	Solo	3	09:00:00	09:25:00	Green
221	Chris	Fraser-Clark	M		Solo	5	09:00:00	09:20:00	Orange
13	Antony	Freeman	M		Solo	1	07:15:00	07:36:00	Green
85	Joe	Freeman	M		Solo	1	07:45:00	08:12:00	Green
333	David	Gara	M	Team Pie	Solo	3	10:00:00	10:16:00	Pink
391	Martin	Garnett	M	Team MGPT	Solo	1	10:30:00	10:45:00	Red
297	Nick	Gaskell	M	Blackburn Harriers	Solo	3	09:30:00	09:58:00	Pink
87	Darren	Gee	M		Solo	3	07:45:00	08:13:00	Green
153	Shaun	Gee	M		Solo	3	08:30:00	08:46:00	Pink
114	Alison	Geldart	F	Craven Energy	Solo	6	08:00:00	08:26:30	Orange
148	Anthony	Gibirdi	M		Solo	4	08:15:00	08:43:30	Orange
108	David	Gleave	M	Lancashire Tridents	Solo	6	08:00:00	08:23:30	Red
27	Tom	Glover	M		Solo	3	07:15:00	07:43:00	Blue
409	Gregory	Godley	M	Manchester Triathlon Club	Solo	1	10:30:00	10:54:00	Green
31	Steve	Gornall	M		Solo	1	07:30:00	07:45:00	Red
32	Danny	Graham	M		Solo	2	07:30:00	07:45:30	Red
164	Lisa	Grantham	F	Pensby Runners	Solo	2	08:30:00	08:51:30	Yellow
219	Adam	Grayson	M		Solo	3	09:00:00	09:19:00	Orange
130	Janet	Greenhalgh	F	Darwen Dashers Running Club	Solo	4	08:15:00	08:34:30	Yellow
230	Craig	Greenough	M		Solo	2	09:00:00	09:24:30	Green
224	Adrian	Gregory	M		Solo	2	09:00:00	09:21:30	Pink
240	Helen	Grimshaw	F		Solo	6	09:00:00	09:29:30	Yellow
342	Sean	Grimshaw	M	2fatmen2ironmen	Solo	6	10:00:00	10:20:30	Green
271	Roger	Grogan	M	Top Gun Tri Club	Solo	1	09:30:00	09:45:00	Yellow
103	Mark	Haggart	M	Wigan Wheelers & Tri	Solo	1	08:00:00	08:21:00	Red
241	Michael	Hall	M	Red Rose Road Runners	Solo	1	09:15:00	09:30:00	Blue
357	Carl	Hamer	M	TriCentral UK	Solo	3	10:00:00	10:28:00	Red
135	Michael	Hamer	M		Solo	3	08:15:00	08:37:00	Blue
109	Nicola	Hamerton	F	Lostock AC	Solo	1	08:00:00	08:24:00	Orange
141	Vanessa	Hamlet	F	Rosendale Triathlon Club	Solo	3	08:15:00	08:40:00	Red
444	Amelia	Hanley	F		Solo	6	11:00:00	11:30:00	Red
234	Matt	Hanley	M	C.O.L.T.	Solo	6	09:00:00	09:26:30	Green
366	jahn	Hanson	M	Team Evolving	Solo	6	10:15:00	10:32:30	Orange
263	Clare	Harris	F	Rosendale Triathlon Club	Solo	5	09:15:00	09:41:00	Pink
393	Sonia	Harris	F	Manchester Triathlon Club	Solo	3	10:30:00	10:46:00	Red
242	Chris	Harrison	M		Solo	2	09:15:00	09:30:30	Blue
149	Mark	Haslam	M		Solo	5	08:15:00	08:44:00	Orange
179	Nathan	Haslam	M	Tri-Rivington	Solo	5	08:30:00	08:59:00	Red
279	Stewart	Haworth	M		Solo	3	09:30:00	09:49:00	Blue
442	Oliver	Heaton	M	Tri Preston	Solo	4	11:00:00	11:30:00	Yellow
286	Thomas	Heaton	M	Fleetwood Community Tri Club	Solo	4	09:30:00	09:52:30	Red
272	Jonathan	Hedley-Barrett	M	MGPT	Solo	2	09:30:00	09:45:30	Yellow
330	Siobhan	Henn	F		Solo	6	09:45:00	10:14:30	Orange
212	Andy	Henry	M	Royal Marines	Solo	2	09:00:00	09:15:30	Red
238	Chris	Hewitt	M	Mersey Tri Club	Solo	4	09:00:00	09:28:30	Yellow
60	Dave	Higham	M	Lycra Lovers	Solo	6	07:30:00	07:59:30	Yellow
205	Jake	Higham	M		Solo	1	08:45:00	09:12:00	Blue
395	Gary	Hilton	M	Warrington Triathlon	Solo	5	10:30:00	10:47:00	Red
245	William	Hindle	M	FITT	Solo	5	09:15:00	09:32:00	Blue
443	Guy	Hinnigan	M		Solo	5	11:00:00	11:30:00	Blue
446	Daniel	Hockley	M	TriBB	Solo	2	11:00:00	11:30:00	Pink
318	Jenny	Holden	F	TRI-1ST	Solo	6	09:45:00	10:08:30	Blue
415	Jonathan	Holden	M	Tri Preston	Solo	1	10:30:00	10:57:00	Yellow

251	Matthew	Holden	M	Ribble Valley Triathlon Club	Solo	5	09:15:00	09:35:00	Red
411	Aidan	Holgate	M	Ribble Valley Triathlon Club	Solo	3	10:30:00	10:55:00	Green
111	Tony	Holland	M	Wigan Phoenix	Solo	3	08:00:00	08:25:00	Orange
59	Bonnie	Holmes	F		Solo	5	07:30:00	07:59:00	Yellow
235	Jane	Holmes	F		Solo	1	09:00:00	09:27:00	Yellow
52	Charlotte	Hornby	F		Solo	4	07:30:00	07:55:30	Green
41	Nicola	Hornby	F		Solo	5	07:30:00	07:50:00	Orange
167	Luke	Hough	M		Solo	5	08:30:00	08:53:00	Yellow
50	Caroline	Hovington	F		Solo	2	07:30:00	07:54:30	Green
163	Becky	Howell	F		Solo	1	08:30:00	08:51:00	Yellow
255	Benjamin	Hulme	M		Solo	3	09:15:00	09:37:00	Orange
19	Kirsten	Hunter	F	Muthaduckas	Solo	1	07:15:00	07:39:00	Yellow
315	Kirsten	Hutchison	F		Solo	3	09:45:00	10:07:00	Blue
450	Ross	Hutchison	M		Solo	6	11:00:00	11:30:00	Red
229	Gillian	Hyde	F	Craven Energy	Solo	1	09:00:00	09:24:00	Green
133	Tom	Hyde	M		Solo	1	08:15:00	08:36:00	Blue
419	Ian	Hydes	M	Ribble Valley Triathlon Club	Solo	5	10:30:00	10:59:00	Yellow
301	Peter	Jackson	M	North Bolton Tri	Solo	1	09:45:00	10:00:00	Green
11	Neil	Jameson	M		Solo	5	07:15:00	07:35:00	Pink
312	Gary	Jervis	M		Solo	6	09:45:00	10:05:30	Yellow
423	Kate	Johnson	F	Manchester Triathlon Club	Solo	3	10:45:00	11:01:00	Blue
54	Kathryn	Johnson	F		Solo	6	07:30:00	07:56:30	Green
97	William	Johnstone	M	Clan	Solo	1	08:00:00	08:18:00	Blue
142	Paul	Jolly	M		Solo	4	08:15:00	08:40:30	Red
257	Iain	Jones	M		Solo	5	09:15:00	09:38:00	Orange
191	Adam	Kenyon	M		Solo	5	08:45:00	09:05:00	Pink
197	Lynne	Kenyon	F	Red Rose Road Runners	Solo	5	08:45:00	09:08:00	Green
329	Martin	Kerry	M	Accrington Road Runners	Solo	5	09:45:00	10:14:00	Orange
259	Andrew	Kershaw	M	Rosendale Triathlon Club	Solo	1	09:15:00	09:39:00	Pink
1	Paul	King	M		Solo	1	07:15:00	07:30:00	Orange
396	George	Kirkham	M		Solo	6	10:30:00	10:47:30	Red
355	Ryan	Kirkman	M	TriCentral UK	Solo	1	10:00:00	10:27:00	Red
71	Richard	Lambert	M		Solo	5	07:45:00	08:05:00	Red
438	Marcus	Landrum	M	Invictus Triathlon Club	Solo	6	11:00:00	11:30:00	Red
428	Matthew	Latham	M	Tri Guru	Solo	2	10:45:00	11:03:30	Red
299	Lois	Lee	F		Solo	5	09:30:00	09:59:00	Pink
106	Janet	Leigh	F	Rosendale Triathlon Club	Solo	4	08:00:00	08:22:30	Red
321	Andy	Ley	M	C.O.L.T.	Solo	3	09:45:00	10:10:00	Red
239	Jim	Little	M		Solo	5	09:00:00	09:29:00	Yellow
412	Keith	Lockley	M		Solo	4	10:30:00	10:55:30	Green
402	Nick	Lord	M	Glossop Triathlon Club	Solo	6	10:30:00	10:50:30	Orange
295	Helen	Lund	F		Solo	1	09:30:00	09:57:00	Pink
379	Steven	Lyons	M	Tri Guru	Solo	1	10:15:00	10:39:00	Yellow
323	Mark	Maclagan	M	Tri Preston	Solo	5	09:45:00	10:11:00	Red
44	Alex	Malham	M	Clifton CC	Solo	2	07:30:00	07:51:30	Pink
386	James	Manger	M		Solo	2	10:15:00	10:42:30	Blue
351	Dave	Mann	M		Solo	3	10:00:00	10:25:00	Blue
420	Andy	Martin	M	Army Triathlon Association	Solo	6	10:30:00	10:59:30	Yellow
336	Phil	Mayall	M	Manchester Triathlon Club	Solo	6	10:00:00	10:17:30	Pink
319	Daniel	Maynard	M	Tri Preston	Solo	1	09:45:00	10:09:00	Red
42	Mac	McCormack	M	Tri Preston	Solo	6	07:30:00	07:50:30	Orange
424	Christopher	McCoy	M	Mersey Tri Club	Solo	4	10:45:00	11:01:30	Blue
12	David	MCDONOUGH	M		Solo	6	07:15:00	07:35:30	Pink
61	Gillian	McGowan	F	Tri-Rivington	Solo	1	07:45:00	08:00:00	Blue

265	Jeff	McKenna	M		Solo	1	09:15:00	09:42:00	Green
104	Sam	McMahon	M		Solo	2	08:00:00	08:21:30	Red
74	Chris	Menzies	M		Solo	2	07:45:00	08:06:30	Orange
202	George	Mills	M	Rossendale Triathlon Club	Solo	4	08:45:00	09:10:30	Yellow
427	Kevin	Milnes	M	Tri Preston	Solo	1	10:45:00	11:03:00	Red
311	Lisa	Minns	F	Ribby Hall Tri Club	Solo	5	09:45:00	10:05:00	Yellow
220	Ben	Molnar	M	Rossendale Triathlon Club	Solo	4	09:00:00	09:19:30	Orange
380	Johnny	Moorcroft	M		Solo	2	10:15:00	10:39:30	Yellow
110	Rachael	Moore	F		Solo	2	08:00:00	08:24:30	Orange
145	josh	moores	M		Solo	1	08:15:00	08:42:00	Orange
119	Pamela	Moriarty	F	Holcombe Harriers	Solo	5	08:00:00	08:29:00	Pink
70	Simon	Moriarty	M	Holcombe Harriers	Solo	4	07:45:00	08:04:30	Red
36	Michael	Moss	M	Total Transition Tri Club	Solo	6	07:30:00	07:47:30	Red
75	Jo	Murray	F		Solo	3	07:45:00	08:07:00	Orange
154	Richard	Murray	M		Solo	4	08:30:00	08:46:30	Pink
449	Andrew	Narduzzi	M		Solo	5	11:00:00	11:30:00	Blue
72	David	Newell	M		Solo	6	07:45:00	08:05:30	Red
5	Stephanie	Nicol	F		Solo	5	07:15:00	07:32:00	Orange
55	Tim	Nuttall	M	Lions Running Community	Solo	1	07:30:00	07:57:00	Yellow
320	Joanne	Oakey	F		Solo	2	09:45:00	10:09:30	Red
337	Emilia	O'Connor	F		Solo	1	10:00:00	10:18:00	Green
376	Gregory	O'Connor	M		Solo	4	10:15:00	10:37:30	Green
270	Lucia	O'Connor	F		Solo	6	09:15:00	09:44:30	Green
200	James	Ormerod	M		Solo	2	08:45:00	09:09:30	Yellow
262	Ste	Ormson	M	Tri Preston	Solo	4	09:15:00	09:40:30	Pink
253	Mick	Orourke	M	Darwen Masters	Solo	1	09:15:00	09:36:00	Orange
309	Rachel	Orton	F	Tri Preston	Solo	3	09:45:00	10:04:00	Yellow
292	Mark	Osten	M		Solo	4	09:30:00	09:55:30	Orange
151	Oliver	Panaro	M		Solo	1	08:30:00	08:45:00	Pink
35	Michael	Parker	M	RUNNING4CF	Solo	5	07:30:00	07:47:00	Red
189	Nick	Parker	M		Solo	3	08:45:00	09:04:00	Pink
310	Darcey	Parr	F	North West Pentathlon Club	Solo	4	09:45:00	10:04:30	Yellow
285	Gareth	Pattinson	M		Solo	3	09:30:00	09:52:00	Red
204	Si	Payne	M	Lancashire Tridents	Solo	6	08:45:00	09:11:30	Yellow
331	Ryan	Pearce	M		Solo	1	10:00:00	10:15:00	Pink
448	Daniel	Pearson	M	FITT	Solo	4	11:00:00	11:30:00	Yellow
364	Matthew	Pemrick	M		Solo	4	10:15:00	10:31:30	Orange
385	Samantha	Percival	F	Chester Tri Club	Solo	1	10:15:00	10:42:00	Blue
421	Andy	Pettit	M	Craven Energy	Solo	1	10:45:00	11:00:00	Blue
93	Mark	Pimblett	M	Invictus Triathlon Club	Solo	3	08:00:00	08:16:00	Yellow
418	James	Platt	M		Solo	4	10:30:00	10:58:30	Yellow
399	Jake	Procter	M	Ribbed Valley Triathlon Club	Solo	3	10:30:00	10:49:00	Orange
68	Philip	Procter	M		Solo	2	07:45:00	08:03:30	Red
237	Mark	Proctor	M	Fylde Coast Runners	Solo	3	09:00:00	09:28:00	Yellow
407	Richard	Purnell	M		Solo	5	10:30:00	10:53:00	Pink
392	Patricia	Quirke	F	Manchester Triathlon Club	Solo	2	10:30:00	10:45:30	Red
102	Francesca	Rackham	F		Solo	6	08:00:00	08:20:30	Blue
136	John	Rackham	M		Solo	4	08:15:00	08:37:30	Blue
137	Joseph	Rackham	M		Solo	5	08:15:00	08:38:00	Blue
258	CHRIS	RAINFORD	M	DDV	Solo	6	09:15:00	09:38:30	Orange
243	Deborah	Raisbeck	F		Solo	3	09:15:00	09:31:00	Blue
100	Dave.	Raynor	M	Red Rose Road Runners	Solo	4	08:00:00	08:19:30	Blue
232	Helen	Read	F	Ribble Valley Triathlon Club	Solo	4	09:00:00	09:25:30	Green
51	Graham	Reeve	M		Solo	3	07:30:00	07:55:00	Green

226	Claire	Renshaw	F	Tri-Rivington	Solo	4	09:00:00	09:22:30	Pink
76	Paul	Richardson	M	RUNNING4CF	Solo	4	07:45:00	08:07:30	Orange
417	Nick	Riding	M	Weaver Valley CC	Solo	3	10:30:00	10:58:00	Yellow
203	Chris	Rigby	M	Bowland CC	Solo	5	08:45:00	09:11:00	Yellow
201	Mark	Rigby	M		Solo	3	08:45:00	09:10:00	Yellow
206	James	Robbins	M		Solo	2	08:45:00	09:12:30	Blue
128	Daniel	Robinson	M		Solo	2	08:15:00	08:33:30	Yellow
348	Ian	Robinson	M	Tri Preston	Solo	6	10:00:00	10:23:30	Yellow
294	Lewis	Robinson	M	North Endurance	Solo	6	09:30:00	09:56:30	Orange
45	Michael	Robinson	M	Invictus Triathlon Club	Solo	3	07:30:00	07:52:00	Pink
208	Michael	Roden	M		Solo	4	08:45:00	09:13:30	Blue
233	Susan	Rodwell	F		Solo	5	09:00:00	09:26:00	Green
354	Lee	Rogers	M		Solo	6	10:00:00	10:26:30	Blue
14	Simon	Rotchell	M		Solo	2	07:15:00	07:36:30	Green
47	Andy	Rowbotham	M		Solo	5	07:30:00	07:53:00	Pink
150	Dave	Rowley	M		Solo	6	08:15:00	08:44:30	Orange
140	Julia	Rushton	F	British Triathlon Club	Solo	2	08:15:00	08:39:30	Red
410	Mark	Ryan	M	mr-triathlon.com	Solo	2	10:30:00	10:54:30	Green
316	Jasmine	Salih	F		Solo	4	09:45:00	10:07:30	Blue
195	Mark	Sangan	M		Solo	3	08:45:00	09:07:00	Green
340	Daniel	Sate	M		Solo	4	10:00:00	10:19:30	Green
405	Emma	Sedgley	F		Solo	3	10:30:00	10:52:00	Pink
83	Karen	Seed	F		Solo	5	07:45:00	08:11:00	Pink
358	Matt	Seed	M	Bowland Cycling	Solo	4	10:00:00	10:28:30	Red
120	David	Sellers	M		Solo	6	08:00:00	08:29:30	Pink
94	Ajay	Sethi	M		Solo	4	08:00:00	08:16:30	Yellow
349	Darren	Shaw	M	TriFit Coaching	Solo	1	10:00:00	10:24:00	Blue
186	John	Sherlock	M		Solo	6	08:45:00	09:02:30	Orange
332	Robert	Simpson	M		Solo	2	10:00:00	10:15:30	Pink
369	Wojtek	Siodelski	M	Totley AC	Solo	3	10:15:00	10:34:00	Pink
401	Scott	slater	M	Blackburn Road Runners	Solo	5	10:30:00	10:50:00	Orange
43	Chris	Sledge	M		Solo	1	07:30:00	07:51:00	Pink
177	Darrel	Smethurst	M		Solo	3	08:30:00	08:58:00	Red
157	Andrew	Smith	M		Solo	1	08:30:00	08:48:00	Green
290	Andy	Smith	M	Darwen Dashers Running Club	Solo	2	09:30:00	09:54:30	Orange
374	David	Smith	M	Rossendale Triathlon Club	Solo	2	10:15:00	10:36:30	Green
82	Greg	Smith	M	BL6 Boys	Solo	4	07:45:00	08:10:30	Pink
173	Julie	Smith	F	Darwen Dashers Running Club	Solo	5	08:30:00	08:56:00	Blue
2	Lloyd	Smith	M		Solo	2	07:15:00	07:30:30	Orange
406	Kelvin	Sole	M	Harwood Solicitors	Solo	4	10:30:00	10:52:30	Pink
40	Malcolm	Sowerby	M		Solo	4	07:30:00	07:49:30	Orange
416	Matthew	Sowerby	M	C.O.L.T.	Solo	2	10:30:00	10:57:30	Yellow
280	Greg	Spanner	M		Solo	4	09:30:00	09:49:30	Blue
413	john	spedding	M	Army Triathlon Association	Solo	5	10:30:00	10:56:00	Green
367	Garth	Spencer	M	Ribble Valley Triathlon Club	Solo	1	10:15:00	10:33:00	Pink
162	Nicola	Spencer	F	Ribble Valley Triathlon Club	Solo	6	08:30:00	08:50:30	Green
384	Anthony	Spruce	M		Solo	6	10:15:00	10:41:30	Yellow
170	Dan	Stacey	M	Rossendale Triathlon Club	Solo	2	08:30:00	08:54:30	Blue
207	Jennifer	Stanners	F	Ribby Hall Tri Club	Solo	3	08:45:00	09:13:00	Blue
314	Chris	Stevenson	M		Solo	2	09:45:00	10:06:30	Blue
441	Charlie	Stirrup	M	Total Tri Training	Solo	3	11:00:00	11:30:00	Green
440	Ben	Stones	M	Mersey Tri Club	Solo	2	11:00:00	11:30:00	Pink
284	Paul	Sykes	M	Tri-Rivington	Solo	2	09:30:00	09:51:30	Red
368	Andrew	Taylor	M		Solo	2	10:15:00	10:33:30	Pink

347	Benjamin	Taylor	M	Chorlton Runners	Solo	5	10:00:00	10:23:00	Yellow
281	Kieran	Taylor	M		Solo	5	09:30:00	09:50:00	Blue
300	Kirsty	Taylor	F	North Bolton Tri	Solo	6	09:30:00	09:59:30	Pink
155	Richard	Taylor	M		Solo	5	08:30:00	08:47:00	Pink
282	Julia	Thomson	F	Harrogate Triathlon Club	Solo	6	09:30:00	09:50:30	Blue
445	Caleb	Thornber	M	Pendle Triathlon Club	Solo	1	11:00:00	11:30:00	Orange
328	Mark	Thornberry	M		Solo	4	09:45:00	10:13:30	Orange
244	John	Timmins	M	Johnson's triathlon coaching	Solo	4	09:15:00	09:31:30	Blue
439	Alex	Timmons	M		Solo	1	11:00:00	11:30:00	Orange
88	David	Tomlinson	M	Accrington Road Runners	Solo	4	07:45:00	08:13:30	Green
378	Sue	Toppin	F	Team Mountain Fuel	Solo	6	10:15:00	10:38:30	Green
404	Vanessa	Townshend	F	Tri Preston	Solo	2	10:30:00	10:51:30	Pink
302	Fyn	Townson	M		Solo	2	09:45:00	10:00:30	Green
81	Paul	Tranter	M	Leeds and Bradford Triathlon	Solo	3	07:45:00	08:10:00	Pink
172	Ruth	Travis	F	Tri Preston	Solo	4	08:30:00	08:55:30	Blue
58	Ged	Turner	M		Solo	4	07:30:00	07:58:30	Yellow
324	Jamie	Twist	M	I will triathlon coaching	Solo	6	09:45:00	10:11:30	Red
277	Norman	Tyrer	M	Wigan Wheelers & Tri	Solo	1	09:30:00	09:48:00	Blue
353	Jacques	van Zyl	M	Flying moose	Solo	5	10:00:00	10:26:00	Blue
158	Mark	Varley	M		Solo	2	08:30:00	08:48:30	Green
122	R	Vickers	F		Solo	2	08:15:00	08:30:30	Green
37	Philip	Wade	M	Breaking Cycles CIC	Solo	1	07:30:00	07:48:00	Orange
250	Sandra	Walbran	F		Solo	4	09:15:00	09:34:30	Red
308	Fran	Walker	F	Chorley Cycling Club	Solo	2	09:45:00	10:03:30	Yellow
394	Jude	Wall	F	Manchester Triathlon Club	Solo	4	10:30:00	10:46:30	Red
447	Dean	Wallace	M		Solo	3	11:00:00	11:30:00	Green
79	Georgina	Wardleworth	F		Solo	1	07:45:00	08:09:00	Pink
225	Magdalena	Watras	F		Solo	3	09:00:00	09:22:00	Pink
338	Chris	Watson	M	Rossendale Triathlon Club	Solo	2	10:00:00	10:18:30	Green
198	Sean	Watson	M		Solo	6	08:45:00	09:08:30	Green
429	Sean	Wells	M		Solo	3	10:45:00	11:04:00	Red
400	Pete	Welsh	M	Tri Preston	Solo	4	10:30:00	10:49:30	Orange
107	Mary	White	F	Lostock AC	Solo	5	08:00:00	08:23:00	Red
98	Stuart	Whitehead	M	Tri-Rivington	Solo	2	08:00:00	08:18:30	Blue
260	Sarah	Whittaker	F	Rossendale Triathlon Club	Solo	2	09:15:00	09:39:30	Pink
95	Andrzej	Wieckowski	M	Tri-Rivington	Solo	5	08:00:00	08:17:00	Yellow
129	Dave	Wilkes	M		Solo	3	08:15:00	08:34:00	Yellow
187	Robert	Wills	M	Craven Energy	Solo	1	08:45:00	09:03:00	Pink
188	Michael	Wilson	M		Solo	2	08:45:00	09:03:30	Pink
80	Paul	Wilson	M	Team Wilson	Solo	2	07:45:00	08:09:30	Pink
176	Heather	Witham	F	Newcastle Fronrunners	Solo	2	08:30:00	08:57:30	Red
437	Harrison	Wood	M	George Fox Cycling Solutions	Solo	5	11:00:00	11:30:00	Blue
146	Ryan	Woodley-Mitchell	M		Solo	2	08:15:00	08:42:30	Orange
143	Michael	Worthington	M		Solo	5	08:15:00	08:41:00	Red
196	Kasia	Wujkowska	F	London Fronrunners	Solo	4	08:45:00	09:07:30	Green
86	Lesley	Yates	F	Johnston Triathlon Coaching	Solo	2	07:45:00	08:12:30	Green
256	Stephen	Yates	M		Solo	4	09:15:00	09:37:30	Orange
322	Tracey	Yates	F	Darwen Masters	Solo	4	09:45:00	10:10:30	Red